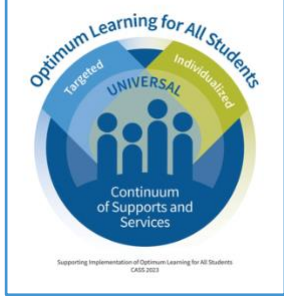
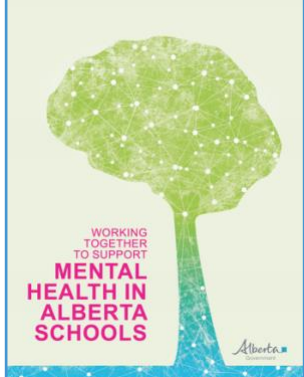








- [CASS Pre Conference on School Mental Health](#) (slide deck and processes)
- [Alberta Education Slides](#)
- See [compilation of school authority projects](#)
- See [CASS Pro spective](#) for members practice related to measuring impact and building capacity

**CASS, Alberta Education and National Professional Learning Resources
Supporting Mental Health and Well-Being for Students and Staff**

Title and Description	Location/Access
 <p>Supporting Mental Health and Well-Being for Students Through a Continuum of Supports and Services CASS and ASBOA Summer Conference August 2023</p> <p>Stories of Practice accessed in this ppt by: System Education Leaders from: Shawn O'Shea, Peace Wapiti, Nancy Gorgichuk, Grande Prairie Public Schools, Thérèse deChamplain-Good and Jody Seymour, Elk Island Catholic and Charlotte Kirchner St. Albert Public Schools and facilitated by Pam Ranelli</p> <p>This session was an opportunity for CASS members to share the work they have undertaken in the first year of the pilot project and to learn from other districts.</p>	<p>Session Presentation</p>
 <p>Working Together to Support Mental Health in Alberta Schools "This resource is an invitation for schools and their partners to reflect on current practices, leverage current initiatives and consider how the promotion of mental health can be more effectively embedded in school and system policies, practices and services. As understanding about mental health, brain development, learning environments and school communities evolves, best practices will also change and evolve."</p>	<p>Alberta Education Website</p>

 <p>Supporting implementation of School Authority Workplace Wellness Plans CASS 2020</p>	<p>CASS Workplace Wellness</p> <p>CASS believes that for everyone to meet the professional practice standard, we need to address both personal and workplace wellbeing. Resources focus on staff wellbeing and supports for student wellbeing</p>	<p>https://cass.ab.ca/resources/wellness/</p> 
<p>Alberta Child and Youth Well-Being Action Plan</p>  <p>Alberta</p>	<p>The Child and Youth Well-being Review was established, by Alberta Education, to better understand the full scope of the psychological, social, educational, and physical effects related to the COVID-19 pandemic on children and youth.</p>	<p>Full Report and Action Plan accessed via Alberta Education Website</p>
 <p>UNIVERSITY OF CALGARY</p> <p>Centre for Wellbeing In Education</p>	<p>Researchers at the Centre are collaborating with Alberta Education on a project to develop an evaluation framework for school-based mental health supports and services across the province.</p> <p>This includes mapping the existing state of mental health supports and services, consulting with stakeholders, and developing resources and mechanisms to support the framework.</p> <p>Researchers at the Centre are conducting an integrative review of existing literature on the effects of universal school-based mental health supports.</p>	<p>https://werklund.ucalgary.ca/centre-for-wellbeing-in-education/centre-wellbeing-education</p> <p>Search Research, Just the Facts/Calls to Action</p> <p>Further information contact: Dr. Jennifer Turner R Psych Jennifer.turner1@ucalgary.ca</p>
	<p>CASS Role Alike groups;</p> <p>Inclusive Education, First Nations, Métis and Inuit Education, and Human Resources, gathered at the 2022 Annual Learning Conference to review the findings of the report and respond to recommendations related to the work of school authorities.</p>	<p>Child and Youth Wellbeing (HR, Workplace Wellness, Inclusion, and Indigenous Education)</p>

	<p>Mental Wellbeing: Responding to Student Needs in Edmonton Catholic Schools</p> <p>Presented at the 2022 Annual Learning Conference</p>	<p>Session Presentation</p> <p>Presented by Gina Almquist and Corine Gannon (Edmonton Catholic Schools)</p>
	<p>A comprehensive approach to suicide prevention aligns with and supports the many efforts and activities that schools may undertake to promote student safety and well-being. Many school-based activities designed to prevent bullying behaviour and substance use also reduce suicide risk and promote positive mental health.</p>	<p>Pathways to hope : best practices in suicide prevention for Alberta schools - Open Government</p>
	<p>The goal of this resource is to provide information and strategies that school authorities can use to support the resilience and well-being of students and staff following a natural disaster. Although this resource is specifically developed to address recovery after natural disasters, much of the information and many of the strategies may be applicable to planning for and responding to other types of disasters or emergency events.</p>	<p>The heart of recovery : creating supportive school environments following a natural disaster - Open Government (alberta.ca)</p>
	<p>FOUNDATIONS FOR SYSTEM LEADERS Structures and Processes for Scalable and Sustainable Mental Health Promoting Practices in Schools and School Boards</p>	<p>https://smho-smso.ca/wp-content/uploads/2023/05/Foundations-system-leaders.pdf</p> <p>School Mental Health Ontario https://smho-smso.ca/</p>

	<p>Investing in Healthy futures for all Children Ever Active schools is a provincial initiative aimed at supporting well-being in Alberta School Communities.</p>	<p>https://everactive.org/ Brian Torrance brian@everactive.org Healthy School Standards healthyschoolsalliance.ca/</p>
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