

# Unplugged to Plug In:

What Systems Shift When a School Authority Adopts the Unplugged Canada Pledge?

2026 CASS Spring Conference Group Discussion

**How can a partnership between Unplugged Canada and a School Authority support the SLQS and LQS Competencies?**

SLQS & LQS Competencies	Stakeholder Lenses
<b>Building Effective Relationships</b> Working collaboratively with school councils, families, community partners, and provincial organizations to establish consistent norms for students' well-being.	<b>School Authorities</b> How could this partnership align with system-wide wellness and digital well-being priorities?
<b>Visionary Leadership</b> Articulating and stewarding a strategic direction that responds to societal shifts impacting childhood and learning.	<b>School System Leaders</b> What structures or policies would sustain this partnership over time?
<b>Leading Learning</b> Creating environments where learning is more focused, less fragmented, and strongly rooted in relationships and developmental research.	<b>Principals</b> How might this strengthen school culture and community well-being?
<b>Supporting Effective Governance</b> Establishing shared division-wide expectations around digital well-being and leading policy alignment on emerging trends.	<b>Teachers</b> What tools or resources would most benefit your classroom practice?
<b>Understanding and Responding to the Larger Societal Context</b> Fostering safe, caring environments; ensuring meaningful engagement with parents and community partners; modeling digital citizenship and healthy technology use.	<b>School Councils</b> How could this deepen the connection between schools and families?
	<b>Parents</b> What conversations could this partnership help you start at home?
	<b>Students</b> How might this create more space for real connection, free play, and responsibility?



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Start the conversation.

Join the movement to change the norm for students across Canada.

[alberta@unpluggedcanada.com](mailto:alberta@unpluggedcanada.com)

